

Reflection memo: From Insight to Action

This final step is about transforming your reflections into something tangible. On this canvas, you're invited to shape a small, meaningful act, an expression of what matters to you.

Let your insights guide you. Base your idea on what matters to you, use what you're good at, and aim it toward a change you want to see. It doesn't have to be perfect or big, just a small movement towards an action.

1. Turn your insight into an idea or main takeaway

THINK BACK ON WHAT CALLED YOUR ATTENTION TODAY.
HAVE ANY QUESTIONS COME UP FOR YOU? WHAT SHOULD NOT BE
FORGOTTEN?

Use this reflection to form one insight, one meaningful idea, shift, or action you'd like to explore further. Share the idea here...

2. What lights your fire?

What values are at the heart of your idea?

What strengths or skills do you already have, or want/need to grow, to bring it to life?

3. Connect to climate & sustainability

How does your idea link to climate and sustainability?
How might it contribute to a more sustainable, just future?

4. A first step

What's one small action you can take to get started? Do you have a plan for that?
It can be simply exploring an idea, making a commitment, developing a skill.
(Think doable, real, and personal 😊)

5. Final touch: name it!

What's the vibe of your idea? Give it a name, image, or symbol, something catchy, bold, or poetic that brings it to life and sparks curiosity in others.