



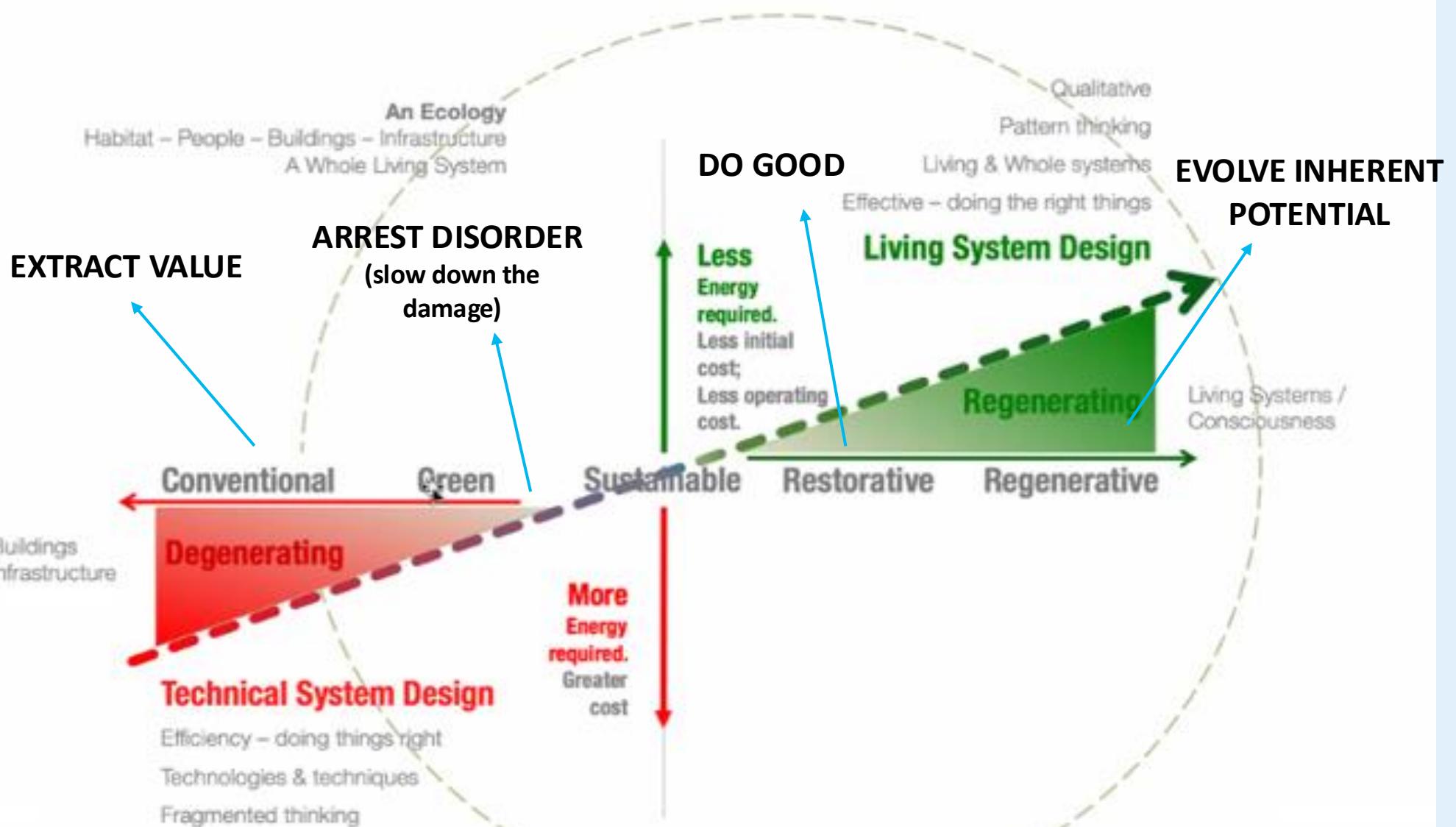
Designing from potential: a regenerative approach to the built environment

Example workshop slides

CREATING MEANINGFUL EXPERIENCES

Today's session

- Film (25 mins)
- Discussion
- Small group challenge
- Presentations
- Reflection
- Close



Trajectory of Ecological Design

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Two key regenerative principles

- Life works with **potential** not problems.
 - *A fundamental shift in mindset from just ‘trying to do less harm’*
- Life is understood in **wholes** not fragments.
 - Understanding whole systems before working on parts (‘first look at the forest, and then the path’), and seeing patterns at different scales

→ Living systems thinking (*‘how does life work in this particular place?’*)

Invitation: *How can we develop the **inherit potential** of **everyone** and **every living system** relevant to our projects?*

....And how can we connect this potential to the purpose of the space we are designing (education)?

Building a regenerative house in the Pyrenees



PLEASE TAKE
NOTES AS YOU
WATCH!

<https://www.youtube.com/watch?v=mNpn5gTBC8U>

Discussion

- 1.What can the term “regenerative” mean for a building?
(based on the podcast/film & biophilic community film clip)
2. ...And what can it mean in terms of the process (rather than only focusing on the end product)?

From a building to a whole campus...



BUas as a 'climate positive' organisation

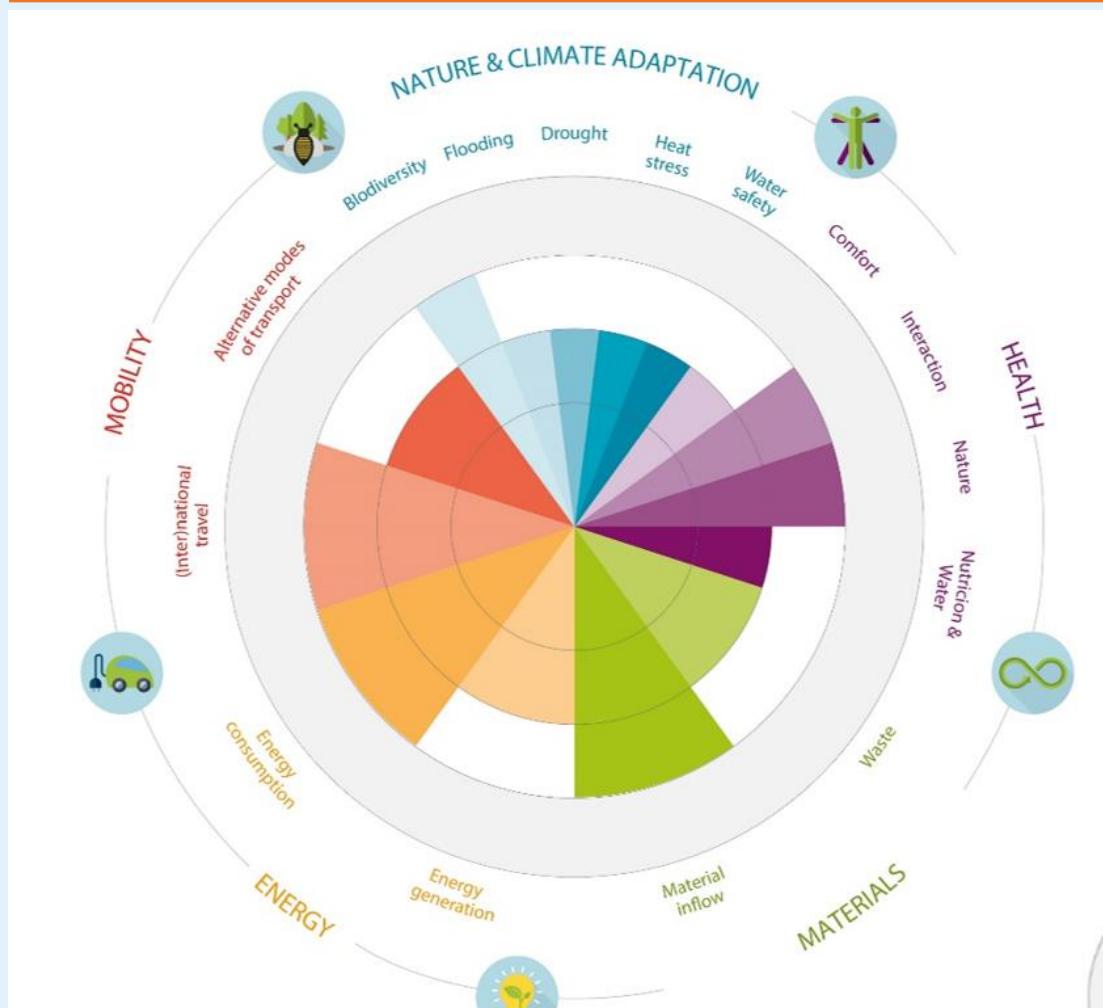
- Technical definition:

Climate positive means that an activity goes beyond achieving net zero carbon emissions to create an environmental benefit by removing additional carbon dioxide from the atmosphere.

- BUas (working) definition:

*Climate positive is not only about being carbon negative, or about doing less harm. At BUas, it is about making a **positive contribution to the health and vitality of all life on our planet**, through the way that we manage and engage with our campus, the way that we care for our collective wellbeing, the way that we buy in goods and services and the way that we choose to travel. It also extends to the way in which we develop our education to prepare our students for the future. We see climate in the context of the wider aspects of sustainability to fully support BUas in its mission to shape a better world and contribute to a flourishing future for all.*

Priorities and ambitions



- ✓ Agreement that “setting good example” is bare minimum for all categories
- ✓ In 6 categories want to become a leader:
 - Energy efficiency
 - Travel
 - Biodiversity
 - Nature (biophilic design)
 - Material inflow (procurement)
 - Interaction (social & quiet spaces)



Smaller group challenge

What does our understanding of 'regenerative' mean for the BUas campus?

- What does it mean for the different themes?
- Where are the interdependencies between the themes?
- What are we missing?
- What would be your starting point?



Presentations



Your reflections & takeaways

Reflection memo: From Insight to Action

This final step is about transforming your reflections into something tangible. On this canvas, you're invited to shape a small, meaningful act, an expression of what matters to you. Let your insights guide you. Base your idea on what matters to you, use what you're good at, and aim it toward a change you want to see. It doesn't have to be perfect or big, just a small movement towards an action.

1. Turn your insight into an idea or main takeaway

THINK BACK ON WHAT CALLED YOUR ATTENTION TODAY.
HAVE ANY QUESTIONS COME UP FOR YOU? WHAT SHOULD NOT BE FORGOTTEN?

Use this reflection to form one insight, one meaningful idea, shift, or action you'd like to explore further. Share your idea here...

2. What lights your fire?

What values are at the heart of your idea?
What strengths or skills do you already have, or want/need to grow, to bring it to life?

Thank you!